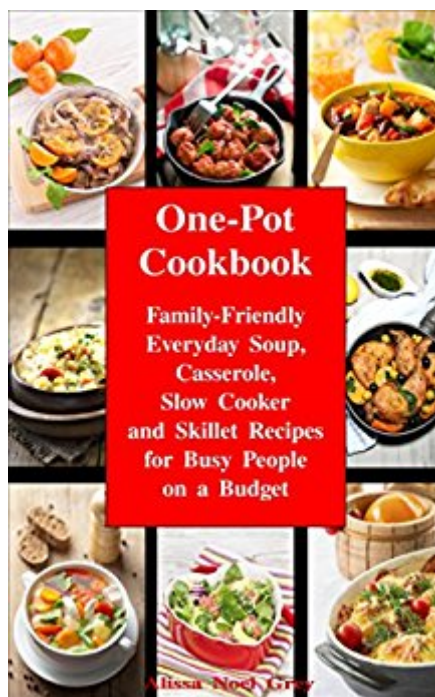


The book was found

One-Pot Cookbook: Family-Friendly Everyday Soup, Casserole, Slow Cooker And Skillet Recipes Inspired By The Mediterranean Diet (Free Gift: Superfood Salad Recipes) (Healthy Eating Made Easy Book 6)



Synopsis

Top 70 No-Stress One Pot Dinners - Spend More Time Enjoying Your Meal And Less Time Cleaning Up? Easy? Great-tasting? Minimal cleanup? Check, check and check. These delicious one-pot recipes are the closest thing around to food that actually makes itself. Genius! From the author of several bestselling cookbooks, busy mom and fitness enthusiast Alissa Noel Grey, comes a great new collection of delicious, easy to make family recipes. This time she offers us 70+ comforting and enjoyable one-pot dishes full of your favorite meats and legumes, superfood vegetables and aromatic herbs and spices that are simple and easy to cook whether you need a quick weeknight supper or a delicious weekend dinner. One-Pot Cookbook: Family-Friendly Everyday Soup, Casserole, Slow Cooker and Skillet Recipes Inspired by The Mediterranean Diet is an invaluable collection of delicious one-pot recipes that will please everyone at the table and become all time favorites. If you're looking for easy and healthy everyday recipes inspired by the Mediterranean diet, this cookbook is for you. ***FREE BONUS RECIPES at the end of the book - 20 Superfood Salad Recipes for Vibrant Health and Easy Weight Loss!***

Book Information

File Size: 1576 KB

Print Length: 108 pages

Page Numbers Source ISBN: 1521046786

Publisher: Everyday Fuss-free Eating, Healthy Slow Cooker Meals and Cooking on a Budget Best Sellers (March 13, 2016)

Publication Date: March 13, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01CYRTA8E

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #407,819 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #103

Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International >

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Customer Reviews

Lots of quick & easy recipes in here, and you can't beat the price!

Mom likes free cook books so I downloaded some.

Love online recipe books.

I have not had the chance to try but only one recipe they all look good, but with the sudden change in family situation I do jazz t have enough together to cook them right now, but they seem to be nice recipes

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